RULES AND REGULATIONS (2026)
CTM RUNNING FEST
[Organised by The Running Edge Athletics Club]

PLEASE READ CAREFULLY

RACE DETAILS

RACE:	**CTM Running Fest**
DATE:	**Saturday, 15 August 2026**
START:	**21.1km: 07:00**
	10km: 07:10
	4.9km: 07:15
	Toddler Run: 08:30
VENUE:	**Monte Bello Estate**
ENTRY:	**4.9km: R100**
	10km: R160
	21.1km: R220
	Toddler Run: Free
	Temporary Licence: R50 (ONLY for 10km and 21.1km)

ONLINE ENTRIES: https://www.entryninja.com/events?search=CTM
Open: Thursday, 9 July 2026
Close: Wednesday, 12 August at 23:00

MANUAL ENTRIES: **Thursday, 13 August 16:00-18:00 at Vida e Caffè Preller**
Friday, 14 August 16:00-18:00 at Vida e Caffè Preller

REGISTRATION & COLLECTION OF GOODIE BAGS:
Thursday, 13 August and Friday, 14 August from 16:00-18:00 @ Vida e Caffè Preller.
[NO registrations/collections on Saturday, 15 August]

LUCKY DRAWS:
You have to be present at the race to receive a lucky draw prize!
Prize CANNOT be collected on your behalf by someone else!

MEDICAL SERVICES: **VR Med (087 250 0005)**

SECURITY: **Monte Bello Estate**

GENERAL INFORMATION:

- ONLINE ENTRIES: https://www.entryninja.com/events?search=CTM
- CLOSING DATE for entries: **Wednesday, 12 August at 23:00.**
- PRIZE GIVING: **Saturday, 15 August at 10:30.**
- Contact the Event Organiser, **Arina Engelbrecht – 083 644 9980** if you have any questions.
- Race organisers reserve the right to accept or reject any entry.
- Distance markers, direction arrows, boards and road markings on the route.
- One leading vehicle or bike for the first athlete.
- Water tables approximately every 3km with refreshment handouts.
- Runners must observe all Health and Safety Regulations.
- No earphones (except hearing aids), pets, prams, or any electronic devices are permitted.

- Parking is available, but at your OWN risk.
- Toilets are available.
- Gazebo area for clubs is available, but the tog bag facilities are unavailable.
- Medals at finish.
- No tog bag area.
- Medical services are available at the finish line and roaming the route.
- For emergency medical care contact **VR-Med – 087 250 0005.**

RULES AND REGULATIONS

- The race is held under the rules of ASA and AFS.
- Participants must be eligible according to the WA, ASA and AFS rules.
- All athletes participate at their own risk.
- Athletes acknowledge that by entering the event, they are medically fit to participate.
- All athletes must supply their emergency contact's name and contact number on the entry form.
- Participation age is 16 years or older for the 21.1km race and 14 years or older for the 10km race.
- Licensed athletes **must wear club colours** with the **2026 AFS licence number** on the **back and front of their running vest**; otherwise, athletes will be disqualified.
- A temporary licence can be purchased for R50 for the 10km and 21.1km race.
- Temporary number to be worn at the **back** of gear.
- A temporary number participant has no insurance coverage on the race day.
- No seconding is allowed; sufficient water points are provided.
- No blades, prams, cyclists or mechanically operated devices are allowed in the race.
- Wheelchair athletes will not be permitted to participate.
- No animals/pets are allowed to participate/accompany an athlete.
- No refunds will be given once an entry is purchased or if the race is cancelled due to reasons outside the organisers' control.
- Athletes may not run with another athlete's AFS licence number!
- Age category tags must be worn at the front and back to qualify as category winner.
- No earphones (except hearing aids), or any electronic devices are permitted as they are in contravention of Rule T6.3.2 and will lead to disqualification.
- The race organiser retains the right to refuse entry and will disqualify persons under the influence of drugs or alcohol, who are disorderly, or who engage in inappropriate behaviour, vandalism or evade paying for admission (if applicable).
- Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge (if applicable).
- Habitual offenders will be subjected to AFS disciplinary steps.
- Athletics FS Green Race - littering is not allowed. Make use of the recycling bins available at the water points. Athletes can be disqualified if they litter.
- Cut-off time for the 10km and 21.1km is at 10:30.
- No late starters (later than 5 minutes from the group start time) will be allowed.
- All marshals, traffic authorities and traffic rules must be obeyed — failing to do so may lead to disqualification.
- Check points on route. (Keep left at all times). In case of an emergency, report to the next water point.
- Proof of age must be provided on race day if required- ID or Birth Certificate, Driver's License or Passport.
- All participants must adhere to the Health and Safety Regulations.
- Participants partake at own risk and need to be medically fit.
- International athletes who partake must provide and hand in a clearance certificate from the National Federation and a copy of the participants passport to the Event Organiser before entering the event.

INDEMNITY DISCLAIMER:

By entering this event I undertake to be bound by the rules and regulations of the event, including those of WA and ASA, at my own risk. I warrant that I am in good health and aware of risks and danger of physical nature of this sporting event and don't claim ignorance of these risks and danger. I hereby accept that I participate in the event and release and discharge to the fullest extent allowed in law. The organisers of the event, the sponsors, persons assisting in staging of the event, Provincial and National athletics bodies and all local authorities from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

MINOR RELEASE:

And I, the minor's parent or guardian, understand the nature of the athletic activities and the Minor to be qualified is in good health and in proper physical condition to participate in such activity and enter into this indemnity/waiver on behalf of the minor. Permission is granted in terms of section 51 of the Electronic Communication Transactions Act 25 of 2002 to use your name, race information, photographs, videotapes, broadcasts, telecasts in which you may appear as free of charge. (POPI Act)

RACE DIRECTOR:	**Pieter Potgieter – 083 455 3298**
EVENT ORGANISERS:	**Arina Engelbrecht – 083 644 9980**
TECHNICAL OFFICER:	**David Koloane – 083 857 5589**
SAFETY OFFICER:	**Jorrie Jordaan – 076 012 1072**
ENTRIES/REGISTRATIONS:	**Annéli Machin – 082 359 5523**
MEDICAL SERVICES:	**VR-Med – 087 250 0005**